

UNIVERSITY OF PERNAMBUCO

2nd INTERNATIONAL WEEK OF THE GRADUATE PROGRAM IN PHYSICAL EDUCATION

The International Week was conceived by considering the need for internationalization of the Graduate Program in Physical Education and, more recently, as a response to the internationalization policy of the University of Pernambuco, which was approved in October of 2017. The first edition of this scientific event was held in November of 2017 enrolling faculty members, students, and a group of international researchers from Australia, US, Denmark, and Portugal. The main aim was to offer the academic community the opportunity to interact with prominent scholars, helping to develop a global and intercultural scientific vision in our community.

The program of the International Week encompasses lectures that will be delivered by foreign scholars, faculty meetings to discuss future opportunities for cooperation, and a 3-day seminar that will be tailored to assist Ph.D. students to improve their research methods skills and therefore their dissertation projects. In 2018, will be part of the Internation Week the third International Symposium on Research in Lifestyles and Health (December 6-8) and the 22nd Seminar on School Physical Education (December 6-7).

SHORT BIO OF THE INVITED RESEARCHERS



ALAN NEVILL

University of Wolverhampton (England)

Alan Nevill is a Senior Research Fellow and Professor at the Faculty of Education Health & Wellbeing, in Wolverhampton. His primary research interests are biostatistics applied to health, sport and exercise sciences. More recently, he specialized in multilevel and allometric modeling of large data sets, analyzing human health and performance associated with body size. Dr. Nevill has published in several research journals. Currently, He is the Editor-in-Chief of the Journal of Sports Sciences and on the Editorial Board of Paediatric Exercise Sciences and a fellow of the Royal Statistical Society (RSS).



JACKIE LUND

Georgia State University (USA)

Jacalyn (Jackie) Lund is a professor and Interim Chair in the Department of Kinesiology and Health at Georgia State University. She has written and/or co-authored eight books about assessment, curriculum development, and instructional strategies. She also served as president of both the National Association for Sport and Physical Education (NASPE) and SHAPE (Society of Health and Physical Educators). Lund's areas of interest include assessment to improve teacher effectiveness, dispositions in teacher candidates, and curriculum development.



NICOLE MCCLUNEY

Georgia State University (USA)

Nicole McCluney is a Clinical Assistant Professor in the Department of Kinesiology & Health at Georgia State University (GSU) who received her degree from Department of Kinesiology at the University of Georgia in 2018. Prior to employment at GSU, Nicole served in numerous educational and coaching roles. These positions included serving as a graduate teaching assistant at UGA, a lecturer at Lander University in PE and Exercise Studies, and a high school physical education teacher and coach. During her time in public schools, she coached volleyball, basketball, and softball. McCluney has published six manuscripts and two interviews with prominent athletes and coaches. Additionally, she has co-authored an edited book published by Guilford Press. Nicole's research interests include teacher/coach roles, mentoring, and decision-making in sport and coaching.



LARS BO ANDERSEN

Western Norway University of Applied Sciences (Norway)

Lars Andersen is a Senior Research Fellow and Professor at the Western Norway University of Applied Sciences in Norway. His primary research interests are in epidemiology, with a particular focus on Exercise Science, Hypertension, Public Health and Diabetes. Lars has been working very closely with several Brazilian researchers, and in 2009, he was honored with a title of honorary member of the Brazilian Society for Physical Activity and Health. He is a visiting scholar at the Graduate Program in Physical Education since 2009 when he spent a 3-month period in a research mission at the Pernambuco State University.



KARIN ALLOR PFEIFFER

Michigan State University (USA)

Karin Pfeiffer is a professor at the Department of Kinesiology and member of the Center for Physical Activity and Health at the Michigan State University in the USA. She is an exercise physiologist with an interest in population-based investigations. Her research focuses on two major areas, both of which are related to physical activity in children and adolescents. Her work spans the age range of preschool through high school. She has been involved with many school-based studies and is interested in incorporating families and communities into her research.



JOSÉ MANUEL FERNANDES DE OLIVEIRA

Porto University (Portugal)

José Oliveira is Associate Professor in the Faculty of Sport at the University of Porto (FADEUP), and Senior Researcher in the Research Center in Physical Activity, Health and Leisure (CIAFEL), a R&D unit hosted at FADEUP, and the Director of the PhD Program in Physical Activity and Health of FADEUP. His primary research interests are in physical activity and health and clinical exercise, with a particular focus on cardiovascular and respiratory diseases and severe obesity.

ACTIVITIES DURING THE INTERNATIONAL WEEK

❖ Alan Nevill

University of Wolverhampton (England)

Activity #1 - Workshop (during the 3rd International Symposium - SIPES)

Title: **WRITING SCIENTIFIC PAPERS**

Duration: ~2 hours

Date: December 7, 2018 (9-11 am)

Another participant: Lars Bo Andersen

Audience: mixed (Ph.D. students and researchers)



Activity #2 - Conference (during the 3rd International Symposium - SIPES)

Title: **CAREFUL PREPARATION WILL LEAD TO QUALITY RESEARCH**

Duration: ~45-50 minutes

Date: December 7, 2018 (4:45-5:45 pm)

Audience: mixed (students all levels and researchers)

Activity #3 - 3-day Ph.D. seminar (Recife, NEAD/Rector Office)

Other participants: Lars Andersen, Karen Pfeiffer, José Oliveira, and others

Period: December 10-12

Audience: Ph.D. students

❖ Jackie Lund

Georgia State University (USA)

Activity #1 – Working meeting with researchers who are part of the Ethnos Research Group

Aim: to discuss ideas of cooperation in research and possible joint academic activities

Duration: ~3 hours

Date: December 4, 2018 (2-5 pm)

Other participants: Nicole McCluney and faculty members of the Ethnos group

Audience: mixed (students all levels and researchers)

Activity #2 - Conference

Title: **TEACHING PHYSICAL EDUCATION WITH A THROUGH THE PHYSICAL PHILOSOPHY**

Duration: ~45-50 minutes

Date: December 6, 2018 (morning, exact time will be informed later)

Audience: mixed (students all levels and researchers)

Activity #3 - Meeting with researchers from other institutions (during the 3rd International Symposium – SIPES)

Duration: 60 minutes, including 15-min presentation of your activities at GSU, followed by a discussion on ideas for scientific/academic cooperation

Date: December 8, 2018 (starting at 2 pm)

Another participant: Nicole McCluney

Audience: Brazilian scholars

Activity #4 - Lecture

Title: **ASSESSMENT IN PHYSICAL EDUCATION: TIME TO KEEP OUR END OF THE BARGAIN**

Duration: ~45-50 minutes

Date: December 10, 2018 (morning, exact time will be informed later)

Audience: mixed (students all levels and researchers)

❖ Nicole McCluney

Georgia State University (USA)

Activity #1 – Working meeting with researchers who are part of the Ethnos Research Group

Aim: to discuss ideas of cooperation in research and possible joint academic activities

Duration: ~3 hours

Date: December 4, 2018 (2-5 pm)

Other participants: Jackie Lund and faculty members of the Ethnos group

Audience: mixed (students all levels and researchers)

Activity #2 - Conference

Title: **PREPARING PHYSICAL EDUCATION TEACHERS IN THE US: PROBLEMS AND PROMISES**

Duration: ~45-50 minutes

Date: December 6, 2018 (morning, exact time will be informed later)

Audience: mixed (students all levels and researchers)

Activity #3 - Meeting with researchers from other institutions (during the 3rd International Symposium – SIPES)

Duration: 60 minutes, including 15-min presentation of your activities at GSU, followed by a discussion on ideas for scientific/academic cooperation

Date: December 8, 2018 (starting at 2 pm)

Another participant: Jackie Lund

Audience: Brazilian scholars

Activity #4 - Lecture

Title: **TEACHING ALL STUDENTS NOT JUST GIFTED ATHLETES**

Duration: ~45-50 minutes

Date: December 10, 2018 (afternoon, exact time will be informed later)

Audience: mixed (students all levels and researchers)

❖ **Lars Bo Andersen**

Western Norway University of Applied Sciences (Norway)

Activity #1 - Workshop (during the 3rd International Symposium - SIPES)

Title: **WRITING SCIENTIFIC PAPERS**

Duration: ~2 hours

Date: December 6, 2018

Another participant: Alan Nevill

Audience: mixed (Ph.D. students and researchers)



Activity #2 - Roundtable (during the 3rd International Symposium - SIPES)

Title: **THE PARADIGM OF SEDENTARY BEHAVIOR AND BENEFITS OF LIGHT INTENSITY PHYSICAL ACTIVITY**

Duration: ~20-25 minutes with 10-15 minutes for discussion at the end of the session

Date: December 7, 2018

Another participant: Karen Pfeiffer

Audience: mixed (students all levels and researchers)

Activity #3 - A 3-day Ph.D. seminar (Recife, NEAD/Rector Office)

Other participants: Alan Nevill, Karen Pfeiffer, José Oliveira, and others

Period: December 10-12

Audience: Ph.D. students

❖ **Karin Allor Pfeiffer**

Michigan State University (USA)



Activity #1 - Roundtable (during the 3rd International Symposium - SIPES)

Title: **THE PARADIGM OF SEDENTARY BEHAVIOR AND BENEFITS OF LIGHT INTENSITY PHYSICAL ACTIVITY**

Duration: ~20-25 minutes with 10-15 minutes for discussion at the end of the session

Date: December 7, 2018 (3:15-4:30 pm)

Audience: mixed (students all levels and researchers)



Activity #2 - Conference (during the 3rd International Symposium - SIPES)

Title: **IS MINDFULNESS A FEASIBLE AND EFFECTIVE APPROACH TO HEALTH PROMOTION?**

Duration: ~50 minutes

Date: December 7, 2018 (6:30-7:30 pm)

Audience: mixed (students all levels and researchers)

Activity #3 - A 3-day Ph.D. seminar (Recife, NEAD/Rector Office)

Other participants: Alan Nevill, Lars Bo Andersen, José Oliveira, and others

Period: December 10-12

Audience: Ph.D. students

Activity #4 - Lecture

Title: **SPORTS AS A VEHICLE FOR PROMOTING PHYSICAL ACTIVITY**

Duration: ~45-50 minutes

Date: December 10, 2018 (exact time will be informed later)

Audience: mixed (students all levels and researchers)

❖ **José Manuel Fernandes de Oliveira**

Porto University (Portugal)

Activity #1 - Conference (during the 3rd International Symposium - SIPES)

Title: **LIFESTYLE, REHABILITATION, AND CARDIOVASCULAR AND RESPIRATORY HEALTH**

Duration: ~50 minutes

Date: December 8, 2018

Audience: mixed (students all levels and researchers)

Activity #2 - A 3-day Ph.D. seminar (Recife, NEAD/Rector Office)

Other participants: Alan Nevill, Lars Bo Andersen, Karin Pfeiffer, and others

Period: December 10-12

Audience: Ph.D. students

Activity #3 - Conference (during the 3-day Ph.D. seminar)

Title: **HIGH WEIGHT REDUCTION AFTER BARIATRIC SURGERY: THE MODULATORY ROLE OF THE EXERCISE**

Duration: ~50 minutes

Date: December 11, 2018

Audience: mixed (students all levels and researchers)

NOTE

The proposed role of the international guests during the 3-day Ph.D. seminar will be to evaluate the proposals of the students for their doctoral studies. Students will perform a 15-minutes presentation (in English) on their doctoral research projects. After each presentation, the international guests will have around 15-20 minutes available to present questions, tips, and provide inputs to the students on how to make the projects scientifically stronger. For many of the students, this will be their first opportunity to deliver a presentation in English, so we use to make the environment as friendlier as possible.



Activities signaled with this mark indicate that a **simultaneous translation service** will be provided for the audience.