



UNIVERSITY OF PERNAMBUCO

3rd INTERNATIONAL WEEK OF THE GRADUATE PROGRAM IN PHYSICAL EDUCATION

The International Week was conceived by considering the need for internationalization of the Graduate Program in Physical Education and, more recently, as a response to the internationalization policy of the University of Pernambuco, which was approved in October of 2017. The first edition of this scientific event was held in November of 2017 enrolling faculty members, students, and a group of international researchers from Australia, United States, Denmark, and Portugal. The main aim was to offer the academic community the opportunity to interact with prominent scholars, helping to develop a global and intercultural scientific vision in our community.

The program of the International Week encompasses lectures that will be delivered by foreign scholars, faculty meetings to discuss future opportunities for cooperation, and a 2-day seminar that will be tailored to assist Ph.D. students to improve their research methods skills and therefore their dissertation projects. In 2019, we welcome collegues from England, United States, and Portugal to take part in the main programe.



SHORT BIO OF THE INVITED RESEARCHERS

JACKIE LUND

Georgia State University (USA)

Jacalyn (Jackie) Lund is a professor and Interim Chair in the Department of Kinesiology and Health at Georgia State University. She has written and/or co-authored eight books about assessment, curriculum development, and instructional strategies. She also served as president of both the National Association for Sport and Physical Education (NASPE) and SHAPE (Society of Health and Physical Educators. Lund's areas of interest include assessment to improve teacher effectiveness, dispositions in teacher candidates, and curriculum development.



JORGE MOTA Porto University (Portugal)

Jorge Mota is the Director of the Research Centre in Physical Activity, Health and Leisure (CIAFEL). Currently he is President of the General Assembly and visiting Professor at several Brazilian institutions. He is involved in physical activity promotion networks including Health-Enhancing Physical Activity (HEPA) Europe, and International Physical Activity and Environment Network (IPEN) as well as the International Society for Physical Activity and Health (ISPAH). His primary area of interest is in physical activity and its health-related effects namely the relationship with non-communicable diseases.



NADIA GAOUA London South Bank University (England)

Nadia Gaoua is a Senior Lecturer in sport and exercise psychology at London South Bank University (LSBU). She has extensive experience of teaching and learning in sports psychology and has developed and implemented a number of novel approaches to teaching practice and assessment in her subject. She is currently the Course Director of the Sport degree programmes in the Division of Human Sciences at LSBU. Nadia also has more than 10 years of experience as a clinical psychologist responsible for the follow-up and mental preparation of elite athletes. Her primary research interest is the effect of environmental stressors (temperature and altitude) on human physical and cognitive performance. She is currently a consultant for the European Space Agency and a member of the African Confederation of Football (CAF) medical committee.



STEVE HUNTER

London South Bank University (England)

Steve Hunter is a Senior Lecturer in Sport and Exercise Science at London South Bank University. He has over 25 years of experience in course design and the teaching, learning and assessment in Sport and Exercise Science. His specialist interest is in the subdisciplin of Exercise Physiology. He is accredited by the British Association of Sport and Exercise Science (BASES) as an Exercise Physiologist (athlete support) and has extensive experience of testing and evaluating athlete populations with a particular focus on endurance. Steve is currently the Head of Division for Human Sciences in the School of Applied Science at LSBU and is responsible for the management of staff that deliver across subject areas that include: Human Nutrition; Forensic Science; Bioscience / Biomedical Science and Sport and Exercise Science. He is also recognised as a Chartered Scientist (CSci) via the Science Council, UK and acts as an assessor for new applicants seeking CSci status.

ACTIVITIES DURING THE INTERNATIONAL WEEK

Jackie Lund | Georgia State University (United States)

Activity #1 - WORKING MEETING TO DISCUSS OPPORTUNITIES FOR BILATERAL COOPERATION BETWEEN UPE AND GSU Duration: ~3 hours
Date: December 4, 2019 (9-12 am)
Other participants: Faculty members of the postgraduate program in physical education, administrative staff, and representatives from the UPE's Rector Office and the International Affairs Office.
Activity #2 - ACADEMIC FORUM
Title: Georgia State University at a Glance
Duration: 30 minutes (plus additional time at the end of the forum for discussion)
Date: December 4, 2019 (14-17 pm)
Audience: mixed (Ph.D. students, administrative staff, and researchers from different institutions)
Other participants: Jorge Mota (University of Porto) and Steve Hunter (LSBU)

Activity #3 – WORKSHOP (2-days practical and theoretical workshop)

Title: Assessment-Driven Instruction in Physical Education: A Standards-Based Approach to Promoting and Documenting Learning

Duration: ~6 hours (total time) Date: December 5 and 6, 2019 (9-12 am) Audience: mixed (master and Ph.D. students, and researchers)

Activity #4 – LECTURE Title: **Physical Education in North American Elementary Schools** Duration: ~50 minutes (plus additional time at the end for discussion) Date: December 9, 2019 (9 am) Audience: mixed (students of all levels and faculty members)

Jorge Mota | Porto University (Portugal)

Activity #1 – LECTURE Title: **Building academic and scientific bridges: strategies and challenges** Duration: ~40 minutes (plus additional time at the end for discussion) Date: December 3, 2019 (2 pm) Audience: mixed (master, Ph.D. students, and researchers)

Activity #2 – ACADEMIC FORUM Title: **University of Porto and the CIAFEL group** Duration: 30 minutes (plus additional time at the end of the forum for discussion) Date: December 4, 2019 (14-17 pm) Audience: mixed (Ph.D. students, administrative staff, and researchers from different institutions) Other participants: Jackie Lund (GSU), Steve Hunter (LSBU)

Activity #3 –SEMINAR Duration: 2-day research meeting (full day) Date: December 5 and 6, 2019 Other participants: Nadia Gaoua and Steve Hunter (LSBU) Audience: Ph.D. students and researchers

Nadia Gaoua | London South Bank University (England)

Activity #1 – LECTURE
Title: Determinants of antisocial behaviour of young people in a deprived and ethnically diverse community in London
Duration: ~40 minutes (plus additional time at the end for discussion)
Date: December 3, 2019 (2 pm)
Audience: mixed (master, Ph.D. students, and researchers)

Activity #2 – LECTURE Title: **Tokyo 2020: Can we beat the heat?** Duration: ~50 minutes (plus additional time at the end for discussion) Date: December 5, 2018 (9 am) Audience: mixed (master, Ph.D. students, and researchers) Activity #3 – SEMINAR Duration: 2-day research meeting (full day) Date: December 5 and 6, 2019 Other participants: Jorge Mota (Porto University) and Steve Hunter (LSBU) Audience: Ph.D. students and researchers

Steve Hunter | London South Bank University (England)

Activity #1 – LECTURE Title: Psycho-physiological responses to short term, perceptually-regulated interval walking training in hypoxia versus normoxia in adults with obesity Duration: ~40 minutes (plus additional time at the end for discussion) Date: December 3, 2019 (2 pm)

Audience: mixed (master, Ph.D. students, and researchers)

Activity #2 - ACADEMIC FORUM

Title: **London South Bank University: Applied sciences in the heart of the city** Duration: 30 minutes (plus additional time at the end of the forum for discussion) Date: December 4, 2019 (14-17 pm) Audience: mixed (Ph.D. students, administrative staff, and researchers from different institutions) Other participants: Jackie Lund (GSU), Steve Hunter (LSBU)

Activity #3 –SEMINAR Duration: 2-day research meeting (full day) Date: December 5 and 6, 2019 Other participants: Jorge Mota (Porto University) and Nadia Gaoua (LSBU) Audience: Ph.D. students and researchers

NOTES

The proposed role for international scholars during the 2-day seminar will be to evaluate selected research projects that are under development and being coordinated by professors who are part of the graduate program in Physical Education. One of the participants of the project will perform a 15-minutes presentation (in English) on the aim and methods of the project. After each presentation, the international guests will have around 15-20 minutes available to present questions, tips, and provide inputs on how to make the projects scientifically strongest. A detailed program with information on the projects that will be presented is under preparation and will be available for the international guests prior to the seminar. For many of the presenters, this will be their first opportunity to deliver a presentation in English, so we use to make the environment as friendlier as possible.

TRANSFER PROGRAM

NAME	Arrival date, time, company	Departure date, time, company
JACALYN LEA LUND	December 3, 12:55 pm, Delta 6955	December 10, 5:30 pm, Delta 6964
JORGE MOTA	December 1, 09:30 pm, TP0011	December 8, 9:00 am, Azul
NADIA GAOUA	November 29, 10.35 am, BA 7667	December 7, 10.10 am, BA 7668
STEVE HUNTER	November 29, 10.35 am, BA 7667	December 7, 10.10 am, BA 7668